

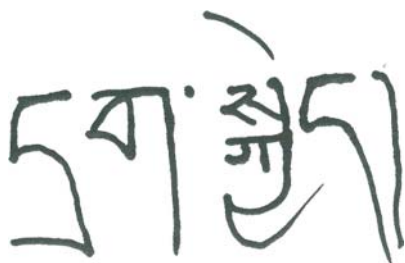
# AMETHYST



## Gem

*Portraits of Recovery*  
*Grow :: Expand :: Heal :: Shine*

[www.portraitsofrecovery.com](http://www.portraitsofrecovery.com)



Geshe Kalsang Damdul, our beloved visiting Buddhist monk, shared with us the symbol above, represented as the graphic for this year's event and the words "Grow Expand Heal Shine". Among many lessons we learned, he told us that this is the Tibetan translation for "Recovery". Each word is powerful alone, but when put together the four words capture what recovery could look like if it were to come to life .

Wednesday, March 10, 2010

Doors open at 6:00 p.m., program begins at 7:00

Cost: \$75 per person

Lincoln Theatre, 769 East Long Street, Columbus, Ohio 43203

Register online today at [www.portraitsofrecovery.com](http://www.portraitsofrecovery.com)

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## Featuring

### The Jazz Arts Group

A non-profit jazz group that originates from Columbus, the Jazz Arts Group plays an eccentric repertoire. They bring many new projects and sounds to the culture of the city. They have been recognized by the National Endowment of the Arts and the Aaron Copland Fund for their artistic programming.

### The Leap of Faith Dancers

Leap of Faith of Dancers is a dance group that focuses on the art of dancing and faith. Led by instructors with over 30 years of experience, the dancers come from all backgrounds. They focus on development of their dance skills as well as personal growth. The Leap of Faith dancers grow as much in their faith as they do in their dancing.

# Portraits of Recovery (continued)...



**Emcee:** Andrea Cambern joined WBNS-TV in December 1991 and is one of the most recognizable people on 10TV News HD. She anchors the 5 p.m., 6 p.m. and 11 p.m. editions of 10TV News HD. In addition to her anchoring responsibilities, Cambern focuses on health issues and is an award-winning journalist. She has been honored with six Emmy awards for her anchoring and reporting skills, was named Female Anchor of the Year by the National Association of Television Journalists and has received honors from the Associated Press for her spot news coverage and medical documentaries. Cambern is also an advocate for health and wellness. She dedicates much of her time to local organizations that promote health and advocates for issues that impact families, women and the community. Read her full bio at [www.10tv.com](http://www.10tv.com)



**Co-Chair:** State Representative Tracy Maxwell Heard (D-26) is a full-time legislator and serves in the 128th General Assembly as the Majority Floor Leader. Holding a Bachelor of Arts in Communications with a minor in Business, her professional experience is vast and varied. She had a launch into politics working for Clinton-Gore in 1996. That effort continued even as she accepted a position as Executive Director of the Livingston Avenue Collaborative for Community Development (LACCD) – a non-profit community development corporation. Tracy Maxwell Heard serves on numerous community and civic boards and is a member of Deaconess Board at Smyrna Missionary Baptist Church. Read her full bio at [www.house.state.oh.us](http://www.house.state.oh.us)



**Co-Chair:** Lisa M. Barton is vice president of Transmission Strategy and Business Development for American Electric Power (AEP). She has 20 years of experience in the energy field, holding various positions in engineering, rates and regulatory affairs, marketing, legal and energy consulting. Barton earned a bachelor's degree in electric engineering in 1987 from Worcester Polytechnic Institute in Worcester, Massachusetts, a juris doctorate degree in 1993 from Suffolk University Law School in Boston, Massachusetts, and is a graduate of The Executive Program-Darden School of Business at the University of Virginia. Ms. Barton is a member of the New Hampshire and Massachusetts state bar associations.

## Did you know?

- An estimated 20 million Americans are addicted to alcohol and other drugs.
- Untreated addiction and mental health disorders cost Ohioans more than \$7 billion per year in health care, social welfare, lost workforce productivity, incarceration and criminal justice costs.
- Treatment will save more than \$150 billion in social services and program costs over the next 15 years.

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# Portraits of Recovery Sponsors

**Enrichment Sponsor:**



**Mentor Sponsors:**



**Partners:**



**Ambassador Sponsors:**

Columbus State Community College :: Byers Imports-Audi :: Dawson Resources

**Patron Sponsors:**

Key Bank :: U.S. Bank :: Donatos :: OSU Talbot Hall  
Jim and Ellen Tressel :: Lisa Barton

**Purple Heart Sponsors:** Fentress and Barnes

## Good News...

•CEO, **Ginny O’Keeffe** was recently named one of Sunny 95’s “25 Outstanding Women”. Congratulations Ginny!

•Employment Specialist, **Kelley Breidigan**, reports great success in our new employment program. Of the 28 women she worked with in her first 60 days, 13 are pursuing educational opportunities and 17 are volunteering in the community. Many women are looking for part-time employment and building resumes!

•Amethyst welcomed its **10,000th client** through its doors in December 2009. Thanks to all who have helped make the mission a success!

## Grow :: Expand :: Heal :: Shine

### What does recovery mean to you?

Amethyst has granted me the opportunity to grow as a professional in a supportive and nourishing environment. This being my first experience with counseling, the staff and clients exceeded my expectations in helping to expand my horizons. The amazing staff and inspirational clients make me feel like I am finally a part of something unique and important-- something that I had never experienced before interning here. I am finally able to grasp that I can make an impact on other’s lives and thus help them to begin the healing process. From my first day until now, the staff has entrusted me to take charge and shine at my full potential. The confidence they placed in my abilities has made me a better counselor and has given me the self-assurance that I am significant and can do this. I feel very blessed to be afforded the opportunity to change lives on a daily basis and see the impact I have on the recovery journey. Thank GOD I made it to Amethyst!

Liz Carper CT, CDCA  
Amethyst Intern

## The Purple Heart Awards

Each year at Portraits, Amethyst takes an opportunity to acknowledge the people who help make our mission a reality. This year we would like to thank four organizations who have displayed loyal commitment to the women and children of Amethyst. The nominees for this year’s Purple Heart Awards are:

**Limited Brands**

**Fifth Third Bank**

**Cardinal Health**

**Nationwide**

We are grateful for their faithful partnership and are honored to present Purple Heart awards to such loyal friends at this year’s Portraits of Recovery!



Momentum 2010: Ohio Women's Summit will be held in Columbus, Ohio on International Women's Day, March 8, 2010. Momentum is being coordinated by the Governor's Office for Women's Initiatives and Outreach and First Lady Frances Strickland. The Summit will focus on strengthening our families and communities by promoting the advancement of women through education, economics, and health. In addition to our Ohio Women's Summit we will host a Young Women's Summit on Sunday March 7, 2010! Register now - space is limited!

Learn more at [www.ohiowomen2010.org](http://www.ohiowomen2010.org)

**Make a Donation Today!**



AMETHYST

- \$13.72 provides a safe home for 1 woman
- \$27.44 provides a safe home for 2 women
- \$41.16 provides a safe home for 3 women
- \$54.88 provides a safe home for 4 women
- \$82.32 provides a safe home for 5 women

**Your donation provides a safe, sober home for a woman in need...**

Name: \_\_\_\_\_  
 Company: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_  
 E-mail: \_\_\_\_\_

- I have indicated the amount of my gift on the left.
- I would like to contribute \$\_\_\_\_\_ to help as many women and children as possible.

Please charge my contribution to my card:

- Visa       MasterCard       Discover

Cardholder Name: \_\_\_\_\_  
 Card #: \_\_\_\_\_  
 Expiration Date: \_\_\_\_\_ Security Code: \_\_\_\_\_  
 Signature: \_\_\_\_\_

Please make checks payable to Amethyst, Inc.  
Return this card with payment. Thank you!